



The CAYP Webinar Series

Monday 6th July 2026
8:00-9:00pm

Big Changes, Big Feelings: Supporting Young People Through Summer and Into the New School Year

With Consultant Clinical Psychologist
Dr Daniel Weisberg

The summer holidays can bring excitement, freedom and fun, but for some children they can also bring anxiety, uncertainty and challenges. Changes in routine, friendship dynamics and worries about September can often lead to increased stress, emotional outbursts and difficulties at home.

Join Consultant Clinical Psychologist Dr Daniel Weisberg for a practical and engaging webinar exploring how parents can support their child through periods of change and help them approach the new school year with confidence.

Overview:

- Managing anxiety and big feelings
- Balancing routine, structure and flexibility over summer
- Supporting friendships and social confidence
- Preparing for a new class, teacher, year group or school
- Building resilience and confidence for September
- Supporting neurodivergent children through transitions

Who can join:

This session is primarily for parents and carers of primary and high school aged-children, but the session will also be suitable for teaching staff and anyone who works with children and young people.





About Dr Daniel Weisberg

Dr Daniel Weisberg is a Consultant Clinical Psychologist and the Managing Director of CAYP Psychology, an award-winning psychological healthcare service for Children, Adolescents, and Young People across the UK and online. Daniel has over a decade of experience working in NHS children’s services and specialises in paediatric neuropsychology.

Daniel completed his PhD in children’s emotional development and later trained as a Clinical Psychologist at the University of Manchester. His work has contributed to national and international research into child development, rare genetic and developmental differences, and paediatric neuropsychology. Daniel’s psychological knowledge and understanding has been shared in social, local and national media. He founded CAYP Psychology in 2016 to ensure that children and families can access timely, high-quality independent psychological healthcare. CAYP has since grown into a team of over 100 clinicians, across 40 UK-wide clinics and online.

About CAYP Psychology

CAYP Psychology (pronounced “cape”) is an independent, clinical psychology-led service offering expert therapy and assessments for children and young people aged 0–18 (or up to 25 for autism assessments). We support a wide range of emotional, behavioural, developmental, and learning needs, and provide outstanding specialist assessments for autism, ADHD, dyslexia, and intellectual disabilities.

We work closely with both schools and parents, and our reports are frequently used in EHCP applications and education tribunals. With nearly 100 highly qualified clinicians across more than 40 UK locations and online, we are proud to deliver thoughtful, values-driven support for children, families, and schools.

Follow us on social media
@cayp.psychology
for all webinar updates.

www.cayp-psychology.com
enquiries@cayp-psychology.com

